



ASIST

Applied Suicide Intervention Skills Training

Learn Suicide First-Aid Skills

Who: Military (all ranks), Suicide Prevention Coordinators, civilian employees, and adult family members are all invited to participate. **Attire is civilian clothing for all who attend (NO UNIFORMS).**

When: 0820-1600 for two consecutive days. The next opportunity will be:
July 20 & 21, 2016 August 24 & 25, 2016 September 21 & 22, 2016

Over one million caregivers world-wide have participated in this two-day, interactive, practical, practice-oriented workshop.

Where: @ Calvary Chapel (8465 Simonds St & 6th Cavalry) on Fort Meade

What to Expect to Gain: Over the course of the two day workshop (14 training hours) you will learn specific skills to identify those at risk, and to better listen to and care for those having thoughts of suicide. Through powerful video clips, presentations, group discussion sessions, and interactive role plays, you will feel challenged and motivated, and will learn safe methods of suicide prevention first aid. Learn how to recognize invitations for help, reach out and offer support, review the risk of suicide, apply a suicide intervention model, and link people with command and community resources.



This skills-based training can provide YOU with the tools to help prevent suicide.

Participation in the full two day workshop is required.

Due to limited seating, everyone is required to preregister with

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