



Fort George G. Meade Community Council

January 29, 2015

***Our mission to provide the required infrastructure,
a safe and secure community, and a quality of life that enable
Fort Meade to be the Center of Excellence
in Information, Intelligence and Cyber Operations.***

We are the Army's Home



Issues from last Community Council meeting

Issue	Response/Plan	Status
Who can use the Indoor Shooting Range?	Anyone wishing to use the indoor shooting range should coordinate with the Asymmetric Warfare Group for availability and access requirements at 301-833-5258.	Closed
Will there be assistance at the Youth Opportunity Fair, March 25, to help parents and students understand how to fill out scholarship applications properly?	Information will be taken back to ACS and organizers for consideration. There is a possibility that a table may be set up to assist attendees during the event.	Open

Community Council – Jan. 29, 2015



DPTMS

Installation Calendar Highlights

FEBRUARY - Black History Month

- Feb 5: New Employee Orientation (NEO)
- Feb 13-16 : Presidents Day Weekend
- Feb 16: Presidents Day Federal Holiday
- Feb 19: Black History Month Observance

February 2015						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

March – Women’s History Month

- Mar 5: Prayer Breakfast and NEO
- Mar 5: Right Arm Night
- Mar 17: Community Council & Partner Cdrs Luncheon
- Mar 19: Women’s History Month Observance

March 2015						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



DFMWR – BOD

- **Super Bowl Party**

- February 1, Bowling Center, 6 p.m.
- \$15 / person, includes buffet, door prizes and more
- Call 301-677-5541 for more details

- **Right Arm Night**

- March 5, Club Meade, 4 – 6 p.m.
- Door Prizes, Music, Free Food and More
- Call 301-677-4333 or 6969 for a reservation

Visit FTMEADEMWR.COM For More Details



DFMWR – BOD

- **Technical Job Fair**

- Mar. 18, Club Meade, 9 a.m. – 2 p.m.
- Open to all job seekers!
- *Meet employers! Bring resumes! Dress for success!*

- **Easter Brunch**

- April 5, Club Meade
- 2 Seating's: 11 a.m. – 1 p.m. & 2:30 – 4:30 p.m.
- Members - \$21.95, Non – Members \$25.95
- *Call 301-677-4333 or 6969 for reservations*

Visit FTMEADEMWR.COM For More Details



DFMWR – BOD Healthy Base Initiative

- Fort Meade is 1 of 14 pilot sites (DoD wide) chosen to participate in the Healthy Base Initiative (HBI). Part of Operation Live Well, its Vision is “A system and culture that improves readiness while lowering cost by reducing obesity and tobacco use”.
- **Alliance for Healthy Schools Program:** The Fort Meade Alliance, Military and Family Affairs committee in Conjunction with the FGM School Liaison Officer are working with county leadership as well as local school officials to assist Pershing Hill Elementary with becoming a Wellness School of Distinction.. FMA will assist with completion of the application
- **HBI Funds:** Fort Meade has received a total of \$206,500 to support HBI initiative, \$20.6K for APF and 185.9K to NAF. This money will be used to support HBI initiatives such as 24 / 7 fitness , Better for You and more.
- **Cooking Matters:** A guided commissary tour teaching skills for buying healthy foods on a budget. At the end of the tour, guests are given \$10 to complete a challenge. Can you purchase and make a nutritious dinner for a family of 4 for only \$10?
- **24 Hour Fitness:** Working CCTV connectivity question with NEC before quotes can be finalized . Funding will come from the \$92.5K NAF has received to support HBI. Updated quote received to include upgrade of doors, (\$77K). Received price break which will allow completion of the Statement of Work.
- **Better for You:** Label healthy foods with green labels (MWR version of Go for Green). Menu reviews completed. Installation of new Point of Sales system and change in Prime vendor have pushed start of this initiative 2 weeks. Menus have been loaded in new POS and we are obtaining nutrition information on new Prime Vendor product substitutes.



DFMWR – CRD

- **Earth Day Run**

- 5K run/1 Mile Walk
- Apr. 18, 8 a.m. at Burba Lake Park
- Pre-registration online fees are \$15 per person, \$45 per family/group (3-6) or \$85 per group (7-10)
- Race day registration fees are \$25 per person, \$60 per family/group (3-6)
- Register online at www.allsportcentral.com and the day of the event from 7 - 7:50 a.m.
- For more information, call 301-677-7916



DFMWR – CRD

- **Patriot Pride Run**

- 5K/10K run/1 Mile Walk
- May 16, 8 a.m. at Murphy Field House
- Pre-registration online fees are \$15 per person, \$45 per family/group (3-6) or \$85 per group (7-10)
- Race day registration fees are \$25 per person, \$60 per family/group (3-6)
- Register online at www.allsportcentral.com and the day of the event from 7 - 7:50 a.m.
- For more information, call 301-677-7916



DFMWR – CYSS

- **Family Child Care Program**

- Seeking child care professionals to offer child care out of their Fort Meade home
- Briefings held 1st Wednesday of each month at 1900 Reece Road
- Great FCC Provider Benefits:
 - Good source of supplemental income
 - Training and Certification in Child Care provided
 - Participation in USDA Food Program
 - Materials and equipment to get you started
- Call 301-677-1160 for more information

Community Council – Jan. 29, 2015



DFMWR – ACS

Call 301-677-5590 to register

- **Military Saves Week – Feb. 23-27**
 - Financial Readiness Fair, Feb. 26, 9 a.m. - 4 p.m. at McGill
- **Army Emergency Relief Campaign – Mar. 1 - May 15**
 - Kick Off in conjunction with Fair on Feb. 26
- **Youth Opportunity Fair**
 - Mar. 25, 2-6 p.m. at Club Meade
 - Ages 14-21
 - Employment, volunteer, education and scholarship info

Community Council – Jan. 29, 2015



Fleet and Family Support Center

Feb	<u>Life Skills</u>	Mar
Stress Management, Feb 3, 9 – 11 a.m.		Stress Management, Mar 5, 9:30 – 11:30 a.m.
Anger Management, Feb 10, 9 -11 a.m.		Anger Management, Mar 26, 9:30-11:30 a.m.
Effective Communication, Feb 12, 9 – 11 a.m.		Building Healthy Relationships, Mar 10, 9 – 11 a.m.
Building Healthy Relationships, Feb 17, 9 – 11 a.m.		Common Sense Parenting (Correcting Problem Behaviors), Mar 16, 9 – 10 a.m.
Common Sense Parenting (Preventing Misbehavior), Feb 23, 9 – 10 a.m.		Time Management, Mar 24, 9 – 11 a.m.
Time Management, Feb 24, 9 – 11 a.m.		Effective Communication, Mar 31, 9 – 11 a.m.

Registration is required.

All branches of military and retirees, DoD civilians and DoD contractors are welcome to attend.

Location: 2212 Chisholm Avenue
Call to register: 301-677-9014/17

Community Council – Jan. 29, 2015



Fleet and Family Support Center

Employment

Resume Workshop, Mar 3, 9 a.m. - noon

10 Steps to a Federal Job, Mar 10, 9 a.m. - noon

Interviewing Skills, Mar 17, 9 a.m. - noon

Medical Records Review: Medical records reviewed by an AMVETS representative.
Appointment required. Feb 3, 10, 17, 24 & Mar 3, 10, 17, 24, 7:30 a.m. – 2 p.m.

**Pre-Deployment Brief, Feb 19 & Mar 19, 10-11:30 a.m.

Transition Assistance

Transition GPS, Feb 2 - 6, Mar 2 - 6 & Mar 16 – 20, 8 a.m. - 4 p.m.

Pre-Separation Brief, Feb 19 & Mar 12, 9 – 11:30 a.m.

Retiree Brief, Feb 9 & Mar 9, 8 – 11:30 a.m.

Assessing Higher Education Training, Feb 25 - 26, 8 a.m. – 4 p.m.

DTAP, Mar 9, 8 – 11:30 a.m.

Career Technical Training, Mar 25 – 26, 8 a.m. – 4 p.m.

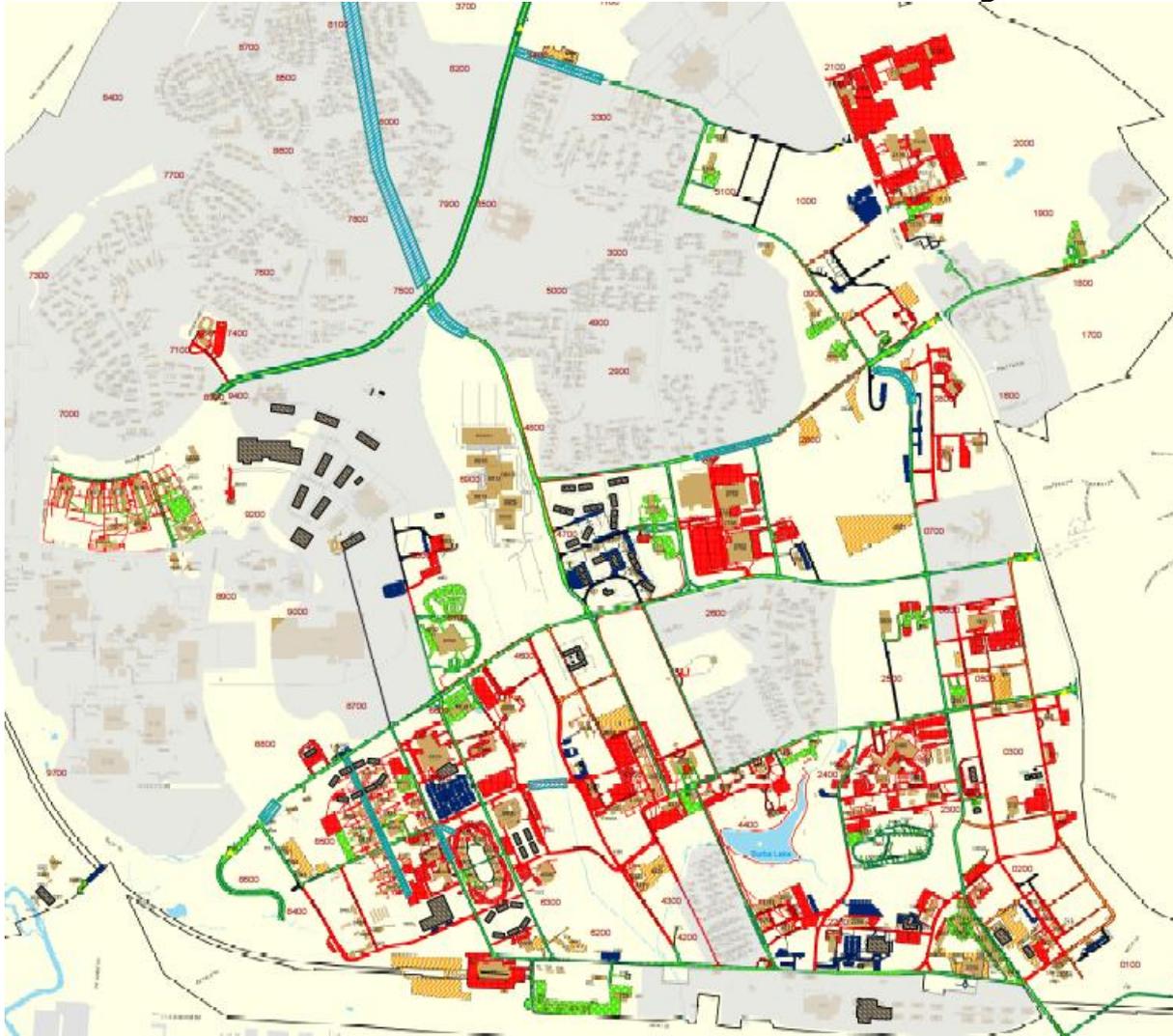
Registration is required.

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Snow Recovery Plan



Objective:

-- Clear surfaces within allotted time to ensure safe pedestrian and vehicular traffic in support of FGGM's operations

Priorities:

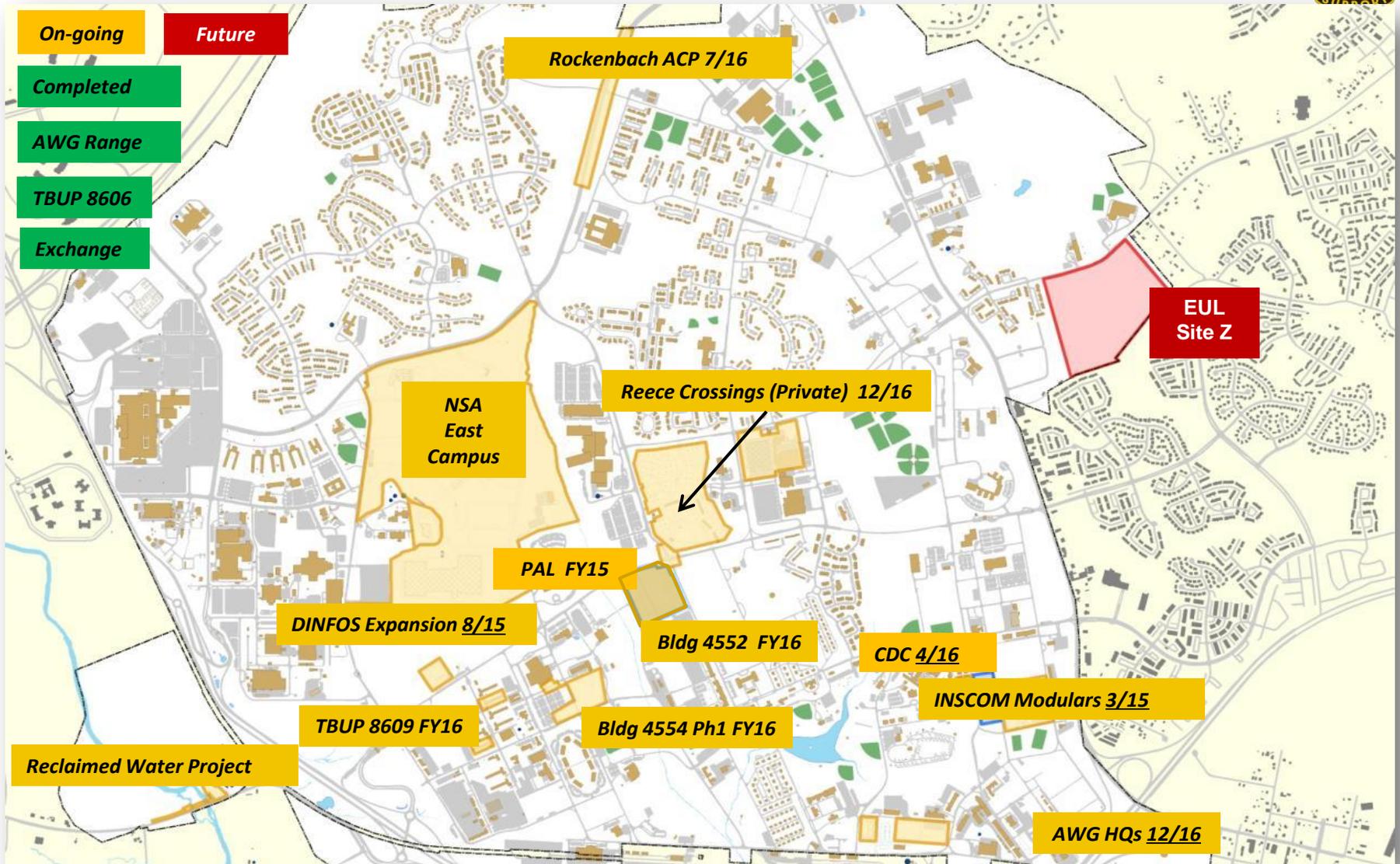
-  1. Primary roads and emergency access areas – continuous during event (KACC added)
-  2. Secondary roads, parking, walkways, and entrances – cleared within (6) hours after the end of precipitation
-  3. Tertiary roads, parking, storm water management structures and traffic safety – cleared within (12) hours after the end of precipitation
-  4. No Service Provided

-- Housing and Abrams Hall are not DPW/Melwood service areas

Community Council – Jan. 29, 2015



Transformation 2015-2020





DPW Efforts

- Facility Utilization Survey
- Traffic Study
- Roadway maintenance and repairs (Paused)
- Deer cull
- Tree maintenance
 - 189 removal /240 pruning



Housing

- Corvias Foundation Scholarship Applications Due
- Winter Weather Reminder
- Reece Crossings Update
- Current housing availability for active duty, military retirees and federal employees!

Check out current specials at:

Meade.CorviasMilitaryLiving.com/specials
ReeceCrossings.com/specials



Directorate of Emergency Services

- Traffic Concerns:
 - ***Winter Weather Driving***
 - Increase following distance in order to stop safely
 - Decrease vehicle speed in wet, snowy conditions
 - Focus on the driving task, no distracted driving
 - ***Aggressive Driving***
 - The leading contributing factors to traffic collisions on Fort Meade between October to December 2014 were:
 - Following too closely, Failure to yield the right of way, and Speeding
 - Be patient. Traffic congestion and roadway repairs are nothing new and should be expected.
 - ***Distracted Driving***
 - Cellular Phone use in hands w/o hands free device
 - Traffic safety surveys revealed December 2014's cellular phone law compliance was 89%.



DES continued

- ***Maryland's Jake's Law*** was adopted giving more severe penalties for distracted drivers on cellular phones that cause personal injuries or death as a result of a traffic crash. In 2011, five-year-old Jake Owen was playing a video game in the back seat of the car as his family sat in Baltimore traffic. He excitedly announced, "Mom, I have 42 lives!" Then an SUV slammed into the sedan at 62 mph. The 23 year-old SUV driver was texting on a cellular phone, traveled 500 yards, and rear-ended the stopped car. He didn't hit the brakes. The impact killed little Jake. Had the driver been drunk, he could have faced jail time. Instead, with his lawyer arguing at trial that his client was doing something that everyone does, he was only fined \$1,000.
- **Penalties**
 - Aggressive Driving: \$370 and 5 points
 - Distracted Driving: (cellular phone use)
 - 1st Offense: \$83, 2nd Offense: \$140, 3rd Offense: \$160
 - Driver using cell-phone causing personal injury/death during a traffic crash: Up to 1 year in jail and \$5,000 fine



Religious Support Office - Chaplain

- Children & Youth Religious Education
- Religious Based Counseling – Family Ministry Center
- Chapel Services/Programs
 - Jewish
 - Roman Catholic
 - Protestant Liturgical, Traditional, Contemporary, Gospel
 - Muslim Prayer Room
 - Monthly Prayer Breakfast (1st Thursday, 7 a.m., Club Meade)
- National Prayer Breakfast – 7 a.m., Mar 5, 2015
- Strong Bonds (relationship oriented workshops)
- Unit Activities
- POC – 301-677-6703



Kimbrough Ambulatory Care Center

- Make a difference by joining our Patient Family Advisory Council (PFAC)
 - meets monthly the third Tuesday 3 to 4 p.m. Main Conference Room, 3rd floor
- Kimbrough patients and their families are the most knowledgeable members of the care team and provide valuable feedback regarding the standard of care they receive
- Four principles of PFAC:
 - Dignity and respect
 - Information sharing
 - Participation
 - Collaboration
- If you are interested in joining us, please contact our Patient/Family Centered Care department by email at Christopher.r.logas.civ@mail.mil or phone (301) 677-8261 to sign up or request additional information



Kimbrough Ambulatory Care Center New PX Pharmacy

- **Hours:** 9 a.m. - 6 p.m. Monday - Friday
 - Closed Holidays and Weekends
- **Services:**
 - **All refills** generated for Ft Meade customers
 - New Kimbrough provider prescriptions and prescriptions entered by providers from other Military Treatment Facilities
 - New “hard copy” prescriptions from Off-Post Providers
- **New hours for KACC Main Pharmacy:**
 - **7 a.m.-5 p.m. Monday-Friday**
 - **Closed Holidays and Weekends**

Community Council – Jan. 29, 2015



Kimbrough Ambulatory Care Center

Clinical Operations/Managed Care

Christopher Pecenka

Facility Enrollment Manager

Beneficiary Counseling and Assistance Coordinator

Debt Collections Assistance Officer

301-677-8982



Kimbrough Ambulatory Care Center

- **You spoke, we listened!** Call Center Improvements
 - Average wait time down 75% from 6:38 to 1:41
 - Call abandonment rate down from 20% to 1%
- **Key drivers of improvement**
 - Hired more call center staff
 - Decrease call volume
 - 100% verification of all new enrollments
 - Increase use of Relay Health and TRICARE Online for non urgent/emergent appointment requests
 - Medication refill requests
 - Routine appointment requests



Kimbrough Ambulatory Care Center

- **TRICARE Prime enrollment**
 - Push within the DoD and the National Capital Region to increase MTF enrollment
 - Almost all MTF's in NCR have implemented “mandatory” enrollment for all beneficiary categories electing to enroll in TRICARE Prime
 - KACC has over 1,600 openings for new patients
- **Specialty Care**
 - Push to increase use of MTF specialty care clinics
 - Care is only being deferred to TRICARE North if capability or capacity is not available within MTF



Veterinary Services

- Veterinary Treatment Facility –
 - Thanks for your support these past months! Keep bringing us your pets so we can take care of them!
 - Active Duty, Reservist, and Retired and their dependents
 - 8 a.m. – 4 p.m. M-F, and until 8 p.m. the 1st Tuesday of the month
- Food Safety –
 - For Emergency cold food storage failures or other food safety-related issues, call Food Safety office, x7-6332 or see posted contact rosters in food facilities.
 - If you are concerned about the safety of a product purchased at the commissary, bring it back to the commissary so our food inspectors can evaluate it and protect other customers



Veterinary Services

- OIC: CPT Emily Corbin, x7-1318,
emily.m.corbin.mil@mail.mil
- NCOIC: SFC Kevin Brooks, x7-1328,
kevin.d.brooks8.mil@mail.mil
- VTF Acting NCOIC: SPC Darius Daffin, x7-1326,
darius.daffin.mil@mail.mil



Community Health Promotion

Nicky (Nicole) Lowry

Health Promotion Program Assistant

- MS Health Promotion Management
- Background in HR/Benefits and Health Education
- Fun Fact: used mountaineering as a smoking cessation tool; went on to climb Mount Everest in 2008 (where I met my husband Bob)

Community Health Promotion Team

- Purpose is to improve/maintain the complete, holistic, health of the Total Force at Fort Meade
- Including Family, Spiritual, Emotional, Physical and Social health
- Will bring programs from all of these areas together to collaborate and enhance the quality of life of all soldiers, family members and retirees.

301.677.7907

nicole.s.lowry.ctr@mail.mil



Installation Safety Office (ISO)

- **Winter Safety**

- **Hazard Reporting**

Call (301) 677-2396 or visit our web site

www.ftmeade.army.mil/staff/iso/safety.html



FORT MEADE COMMISSARY

- World Wide Case Lot Sale Start on Apr. 30 – May 3, 2015. 9 a.m. – 7 p.m. Super Savings with extra Fun!! “Farmers Market” Take advantage of the great savings.
- Deadline for 2015, Scholarship Feb.13.
- Cooking Matters at the store. Sign up for a free Grocery tour! Jan. 29, 10 a.m. – 2:30 p.m. Feb. 12, 10 a.m. – 2:30 p.m. Schedule tours with Nissa Wilson at nwilson@strength.org;



Public Affairs

Social Media Do's & Don'ts

- Do: Use strong, unique passwords that use a combination of words, numbers, symbols, and both upper- and lower-case letters.
- Don't: Do not use the remember me or keep me logged in options from public or shared computers.
- Don't: Do not use the same password for all of your accounts.
- For more social media and networking safety tips visit:
www.cid.army.mil/cciu2can.html
- Text alerts: Text “follow ftmeadealert” to 40404
 - **Includes weather updates and operational status**



Have A Great Day!

***Next Meeting :
March 17, 2015***

***Our mission to provide the required infrastructure,
a safe and secure community, and a quality of life that enable
Fort Meade to be the Center of Excellence
in Information, Intelligence and Cyber Operations.***

We are the Army's Home