



## ***Fort George G. Meade Community Council***

***March 17, 2015***

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***Our mission to provide the required infrastructure,  
a safe and secure community, and a quality of life that enable  
Fort Meade to be the Center of Excellence  
in Information, Intelligence and Cyber Operations.***

***We are the Army's Home***

# Community Council – March 17, 2015



## Due Outs

Issue	Response/Plan	Status
Does Fort Meade enforce Maryland's Distracted Driving Laws?	Fort Meade is a Federal installation however DES does have two options:  1) Civilians can receive a ticket and be fined.  2) A Service Member can be reported to his/her unit commander for disciplinary action.	Closed
If you have seen a KACC doctor and are required to schedule a return appointment within a specific timeframe, and there are no appointments available – what is the procedure for scheduling an appointment?	The patient should try to schedule the follow-up appointment with the front desk assistant or nurse of the clinic prior to leaving. If no appointment is available with the provider within the preferred time the options are: the provider could walk-in the patient, have the patient be seen by someone else, or reconsider if the follow up time is flexible.	Closed

# Community Council – March 17, 2015



## DPTMS

### Installation Calendar Highlights

#### March

Women's History Month

Nutrition Awareness Month

- Mar 18: Technical Job Fair
- Mar 19: Women's History Observance
- **Mar 23: Army 2020 SPEA Public Listening Session**
- MAR 23-27: US v Hadi motions hearing
- Mar 25: Youth Opportunity Fair
- Mar 30 – Apr 3: AACO Schools Spring Break

March 2015						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

# Community Council – March 17, 2015



## DPTMS

### Installation Calendar Highlights

#### April

Child Abuse Prevention Month

Month of the Military Child

Sexual Assault Awareness Month

National Volunteer Month

National Stress Awareness Month

- Apr 2: Prayer Breakfast
- Apr 5: Easter Sunrise Service
- Apr 5: Easter Brunch
- Apr 16: Holocaust: Day of Remembrance Observance
- Apr 16: Volunteer Appreciation Ceremony
- Apr 20-24: Spring Clean-up
- Apr 22: Earth Day Activities
- Apr 25: Run Series: Earth Day Run
- Apr 25: Family Fun Fair (Month of the Military Child)

April 2015						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

# Community Council – March 17, 2015



## DPTMS

### Installation Calendar Highlights

#### May

Asian Pacific Islander Heritage Month

Military Appreciation Month

Resiliency Month

- May 7: Monthly Prayer Breakfast
- May 7: New Employee Orientation (Qtrly)
- May 14-15: ASIST Workshop
- May 15: Asian-Pacific Heritage Observance
- May 16: Run Series – Patriot Pride
- May 17: Memorial Day Ceremony/Massing of the Colors
- May 21: Safety EXPO and Motorcycle Rally Ride (T)
- May 22-25: Memorial Day Weekend
- May 27: Community Health Promotion Council
- **May 28: Community Council**

May 2015						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



## DFMWR – BOD

- **Technical Job Fair**

- March 18, Club Meade, 9 a.m. – 2 p.m.
- Open to all job seekers!
- *Meet employers! Bring resumes! Dress for success!*

- **Easter Brunch**

- April 5, Club Meade
- 2 Seating's: 11 a.m. – 1 p.m. & 2:30 – 4:30 p.m.
- Members - \$21.95, Non – Members \$25.95
- *Call 301-677-4333 or 6969 for reservations*

Visit [FTMEADEMWR.COM](http://FTMEADEMWR.COM) For More Details



## DFMWR – BOD

- **Karaoke**
  - Now every Friday
  - Starting at 7 p.m., Fort Meade Bowling Center Lounge
  - Call 301-677- 5541 for more details
- **Right Arm Night**
  - May 7, Club Meade, 4-6 p.m.
  - Door Prizes, Music, Free Food and More
  - Call 301-677- 4333 or 6969 for a reservation

Visit [FTMEADEMWR.COM](http://FTMEADEMWR.COM) For More Details



## DFMWR – BOD Healthy Base Initiative

- Fort Meade is 1 of 14 pilot sites (DoD wide) chosen to participate in the Healthy Base Initiative (HBI). Part of Operation Live Well, its Vision is “A system and culture that improves readiness while lowering cost by reducing obesity and tobacco use”.
- **Alliance for Healthy Schools Program:** The Fort Meade Alliance, Military and Family Affairs committee in Conjunction with the FGGM School Liaison Officer are working with county leadership as well as local school officials to assist Pershing Hill Elementary with becoming a Wellness School of Distinction.
- **HBI Funds:** Fort Meade has received a total of \$206,500 to support HBI initiative, \$20.6K for APF and 185.9K to NAF. This money will be used to support HBI initiatives such as 24 / 7 fitness , new cardio equipment and more.
- **Fitness Equipment:** Using HBI funds, Gaffney fitness has submitted request to contracting to purchase additional cardio equipment.
- **Farmers’ Market:** The 2<sup>nd</sup> Annual Fort Meade’s Farmers’ Market is scheduled to begin June 10th and run through the end of August. The Market will be held every Wednesday from 10 a.m.-2 p.m. at the pavilion. Working with NSA reps on potential partnership for Farmer’s Markets.
- **24 Hour Fitness:** Working CCTV connectivity question with NEC before quotes can be finalized . Funding will come from the \$185.9K NAF has received to support HBI. Updated quote received to include upgrade of doors & alarms (\$82K).



## DFMWR – CRD

- **Earth Day Run**

- 5K run/1 Mile Walk
- April 18, 8 a.m. at Burba Lake Park
- Pre-registration online fees are \$15 per person, \$45 per family/group (3-6) or \$85 per group (7-10)
- Race day registration fees are \$25 per person, \$60 per family/group (3-6)
- Register online at [www.allsportcentral.com](http://www.allsportcentral.com) and the day of the event from 7 to 7:50 a.m.
- For more information, call 301-677-7916



## DFMWR – CRD

- **Patriot Pride Run**

- 5K/10K run/1 Mile Walk
- May 16, 8 a.m. at Murphy Field House
- Pre-registration online fees are \$15 per person, \$45 per family/group (3-6) or \$85 per group (7-10)
- Race day registration fees are \$25 per person, \$60 per family/group (3-6)
- Register online at [www.allsportcentral.com](http://www.allsportcentral.com) and the day of the event from 7 to 7:50 a.m.
- For more information, call 301-677-7916



## DFMWR – CYSS

- **Career Opportunities**

- Seeking individuals to fill entry level Child and Youth Program Assistant positions with flexible hours starting at \$12.15 per hour
- Family members age 18+ who are interested in working with children and youth ages 6 weeks to 18 years old are encouraged to apply
- Job announcement is open on a continuous basis at [www.usajobs.gov](http://www.usajobs.gov) or call 301-677-6660 (NAF Human Resources Office) for more information on how to apply



## DFMWR – CYSS

- **Spring Sports Volunteer Coaches**

- Seeking eligible persons above the age of 21, who meet background check criteria for Soccer, Baseball, Track, Flag Football
- Please call 301-677-1179 for more information or visit [www.ftmeademwr.com](http://www.ftmeademwr.com)

- **Family Fun Fair**

- April 25, 9 a.m. – 3 p.m.
- Burba Park
- Activities are open to the public and FREE (charge for Food)
- Fun Family Activities, Live Entertainment, Face Painting, Games, Rides, Information Tables, Fishing Rodeo

# Community Council – March 17, 2015

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## DFMWR – ACS

- **Youth Opportunity Fair – ages 14-21**
  - Wed, March 25, 2-6 p.m., The Club
  - POC: Employment Readiness Program 301-677-5590
- **Child Abuse Prevention Month (April)**
  - Preventing Child Abuse is Everyone's Business
  - Empowering Parents of Teens, Monday, April 20, 5:30-7 p.m.
  - Scream Free Parenting Seminar, Thursday, April 20, 9:30 a.m.-12 p.m.
    - Both at bldg 2462, 85<sup>th</sup> Medical BN Ave
- **EFMP Bowling at The Lanes**
  - 3<sup>rd</sup> Wed monthly, 5:30-7 p.m.
  - Registration POC: Sonya Zoller, 301-677-4779/5590

# Community Council – March 17, 2015

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## Fleet and Family Support Center

### Life Skills

#### April

Stress Management, April 7, 9 – 11 a.m.

Anger Management, April 14 , 9 -11 a.m.

Common Sense Parenting (Helping Children Succeed in School), April 20, 9 – 10 a.m.

#### May

Stress Management, May 7, 9:30 – 11:30 a.m.

Anger Management, May 21, 9:30-11:30 a.m.

Common Sense Parenting (Handling Emotionally Intense Situations), May 18, 9 – 10 a.m.

**Registration is required.**

All branches of military and retirees, DoD civilians and DoD contractors are welcome to attend.

**Location:** 2212 Chisholm Avenue

Call to register: 301-677-9014/17

# Community Council – March 17, 2015



## Fleet and Family Support Center

### Employment

Resume Workshop, May 5, 9 a.m. - noon

10 Steps to a Federal Job, May 19, 9 a.m. - noon

Job Search Strategies, May 26, 9 a.m. - noon

**Medical Records Review:** Medical records reviewed by an AMVETS representative. Appointment required. April 7, 14, 28 & May 5, 12, 19, 26, 7:30 a.m. – 2 p.m.

\*\*Pre-Deployment Brief, April 23 & May 14, 10-11:30 a.m.

### Transition Assistance

Transition GPS, April 6-10 and April 20-24, May 4-8, 8 a.m. - 4 p.m.

Retiree Brief, Apr 13 & May 11, 8 – noon

Pre-Separation Brief, Apr 16 & May 18, 9 – 11:30 a.m.

DTAP, May 11, 1 – 2:30 p.m.

Boots to Business(SBA), May 21 - 22, 8 a.m. – 4 p.m.

### **Registration is required.**

All branches of military and retirees, DoD civilians and DoD contractors are welcome to attend.

**Location:** 2212 Chisholm Avenue  
Call to register: 301-677-9014/17

**Community Council – March 17, 2015**



# **Military Spouse Job Fair**

**Tuesday**

**May 12, 2015**

**9 a.m. to 1 p.m.**

**McGill Training Center**

**8452 Zimborski Avenue, Fort Meade, Maryland 20755**

*Parking is available in the back of McGill Training Center*



## ***Come and Check Out:***

*Wide Variety of Local Employers*

*Spouse Relaxation Station*

*Free Lunch for Spouses*

*Doorprizes*

**For Additional Information:**

**Pamela Stangee at: [pamela.stangee@navy.mil](mailto:pamela.stangee@navy.mil) or call 301-677-9017**  
**Jerome Duncan at: [jerome.duncan@maryland.gov](mailto:jerome.duncan@maryland.gov) or call 410-674-5240**

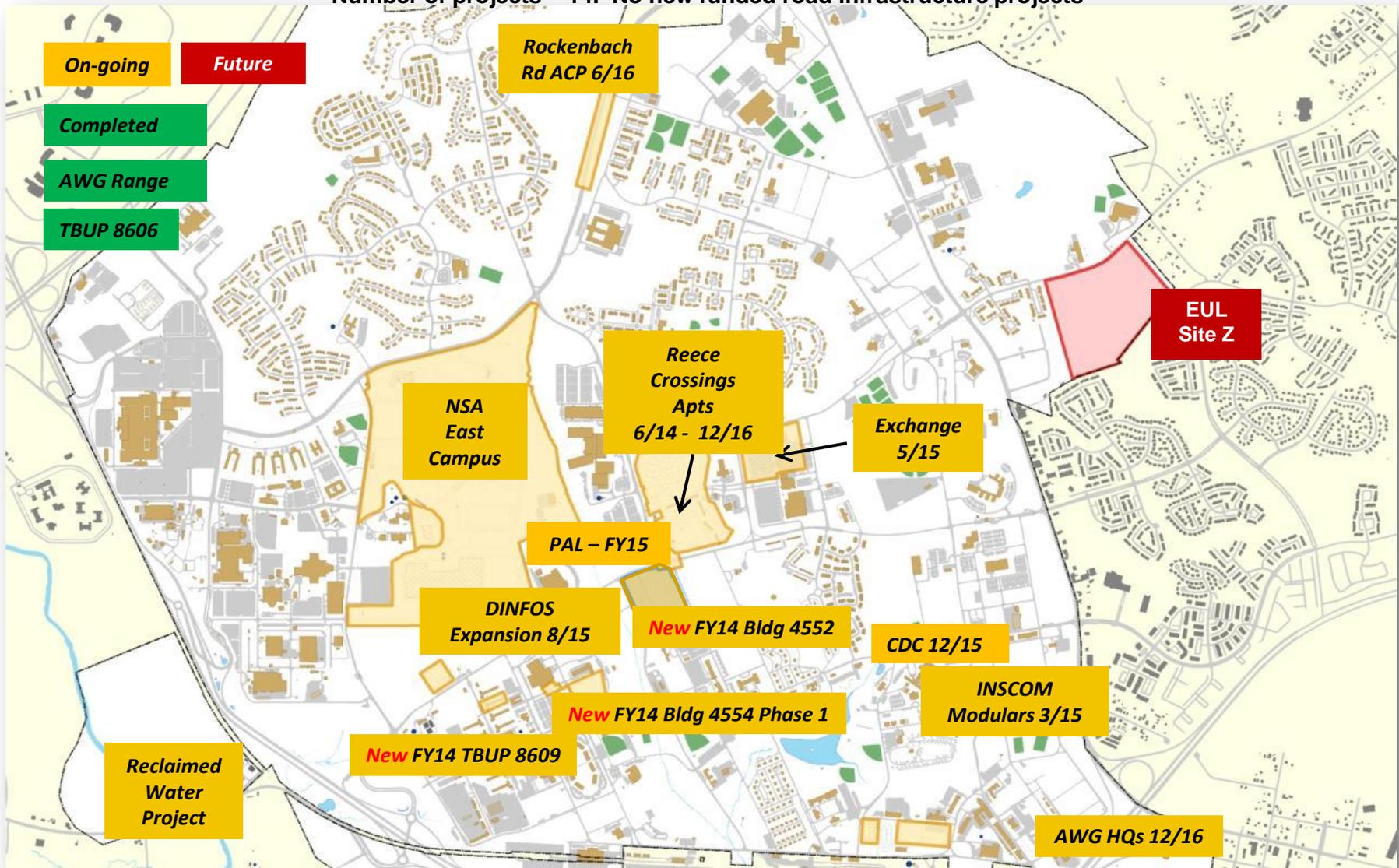
*Sponsored by: DLLR Anne Arundel One Stop Career Centers, Anne Arundel Workforce Development Corporation, Fleet & Family Support Center (FFSC), Navy Transition Goals, Plans, Success Program (TGPS), Army Community Service (ACS), Fort Meade MWR, Soldier for Life (TAP)*

# Community Council – March 17, 2015



## Transformation 2014-2020

Number of projects – 14. No new funded road infrastructure projects



# Community Council – March 17, 2015



## FGGM Roadway Projects in Sync with MD State

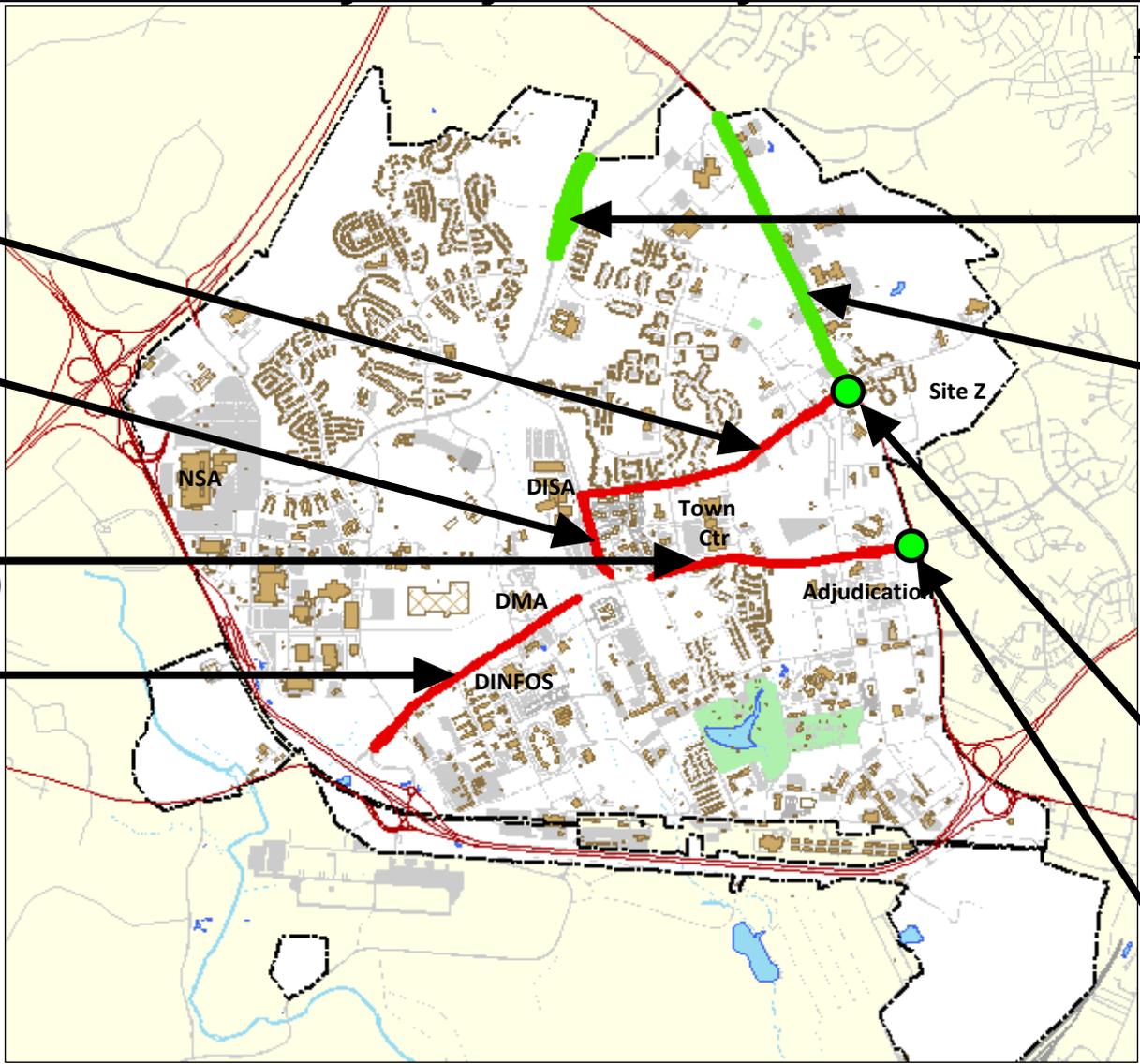
### Unfunded FGGM MILCON Road Projects

Reece Rd/ACP  
at MD 175 (\$18M)

Cooper Ave  
Middle Section  
(\$5.6M)

Mapes Rd  
East/ACP  
at MD 175 (\$15.5M)

Mapes Rd  
West/ACP  
at MD 32  
(\$18.45M)



### MD State Funded Road Projects

Rockenbach ACP  
(\$10M, completed '16)

MD 175, Disney  
Rd to Reece Rd –  
est. Fall '16  
(\$10M TIGER Grant  
'14  
\$30M State/Federal  
Formula Funding  
awarded '14)

Reece Rd  
Intersection  
at MD 175  
(\$10M, start '14)

Mapes Rd  
Intersection  
at MD 175  
(\$10M, start '14)



## DPW Efforts

- Facility Utilization Survey
- Traffic Study: 35% submittal
- Roadway maintenance and repairs (Paused)
- Deer cull: Complete
- Tree maintenance: Wrapping up
- MILCON project documentation for roads
- Earth Day



## EARTH DAY is coming

You don't want to miss this

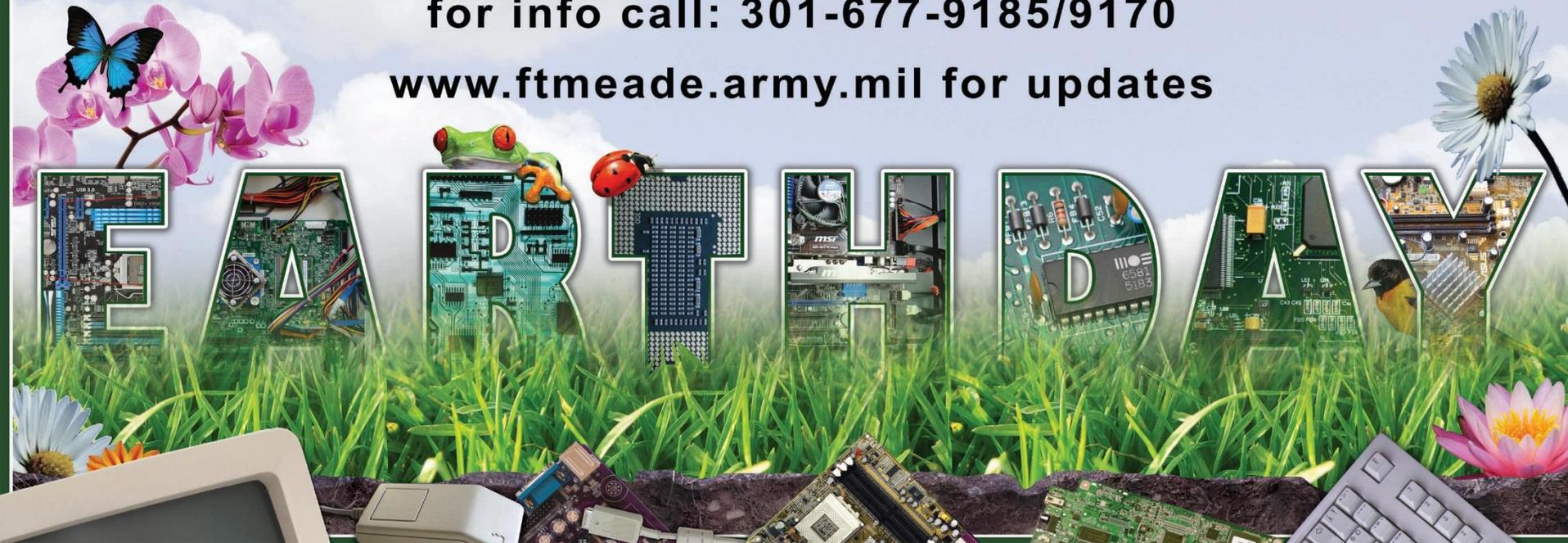
**April 22 10:00am - 2:00pm at the Pavilion**

An event for all ages!

Participants/ Exhibits are Welcome!

for info call: 301-677-9185/9170

[www.ftmeade.army.mil](http://www.ftmeade.army.mil) for updates





## Housing

- Preventative maintenance
- Spring Into Fun
  - Potomac Place, March 28, Noon-2 p.m.
- Corvias Foundation grant and scholarship applications
- Text messaging



## Religious Support Office - Chaplain

- Children & Youth Religious Education
- Religious Based Counseling – Family Ministry Center
- Chapel Services/Programs
  - Jewish
  - Roman Catholic
  - Protestant Liturgical, Traditional, Contemporary, Gospel
  - Muslim Prayer Room
  - Monthly Prayer Breakfast (1<sup>st</sup> Thursday, 0700, Club Meade)
- Unit Activities
- POC – 301-677-6703



## USO Metro Washington-Baltimore

- **Y.U.M.** (Your USO Meal) – **April 8 & 22** (2<sup>nd</sup> & 4<sup>th</sup> Wed. of every month) – **11:30 a.m. - 1 p.m.** – Free lunch for active duty service members. Sponsored by *Ernst & Young!*
- **SuperMarket Sweeps** – **16 April** (3<sup>rd</sup> Thursday of each month) **11 a.m. - 1 p.m.** Free produce & non-perishable goods for AD &/or their dependent families.
- **Food Pantry** – Food assistance available to AD service members and/or their dependent families once in a 30 day timeframe.
- **Bakery Bonanza** – **Every Thursday, 1-5 p.m.** - breads, pastries, and more! 1st-come, 1st-served for AD service members &/or spouses – donated from our friends at Weis Grocery.



## USO Metro Washington-Baltimore

- **USO New Release Movie Night** – Every Tuesday at 6 p.m. we'll show a new released movie on our 80" TV. Fresh popcorn will be served!
- **Spouses Break-Fast** – AD Military Spouses are invited to join us once a month (dates vary) for a continental breakfast and great conversation with other spouses.
- **USO Family Nights** – AD and their dependent families are invited to join us once a quarter (more in summer) for a family meal, games, raffles, prizes and TONS of fun!
- **Kidz Cinema** - AD Members and/or Spouses are invited to bring dependent children the 3<sup>rd</sup> Friday of each month to the USO and watch a kid friendly movie in our theater room on our 80' TV. Free popcorn and drinks. (Parents must stay with their children).



## USO Metro Washington-Baltimore

- Upcoming events:
- **Human Foosball Tournament**
- **Couples Outings**
- **Ladies Nights**
- **Crafts for Kids**

***To register for all USO events & programs, and to receive our new emails and newsletters, please sign up at [www.usometro.org/tickets](http://www.usometro.org/tickets)***



## USO Metro Washington-Baltimore

### Ft. Meade **USO Center hours:**

**9 a.m. – 9 p.m.** - open every day including federal holidays!

*Center amenities for AD service members & their dependents include Direct TV (lots of sporting viewing options), free Wifi, computer stations, Xbox 360, cable TV, movie library, board games, snacks and much more!*

#### Contact info:

• **Laura Dexter-Mooty** – Center Specialist

410.305.0660 [Laura@usometro.org](mailto:Laura@usometro.org)

• **Shawn Sabia** – Program Coordinator

410.305.0660 [Shawn@usometro.org](mailto:Shawn@usometro.org)

# Community Council – March 17, 2015



## Kimbrough Ambulatory Care Center

### The Performance Triad

21

...the number of hours the average American is either sitting or lying down each day



The Performance Triad challenges you to enhance your health!



Sleep, Activity, and Nutrition (SAN) are vital components of healthy living

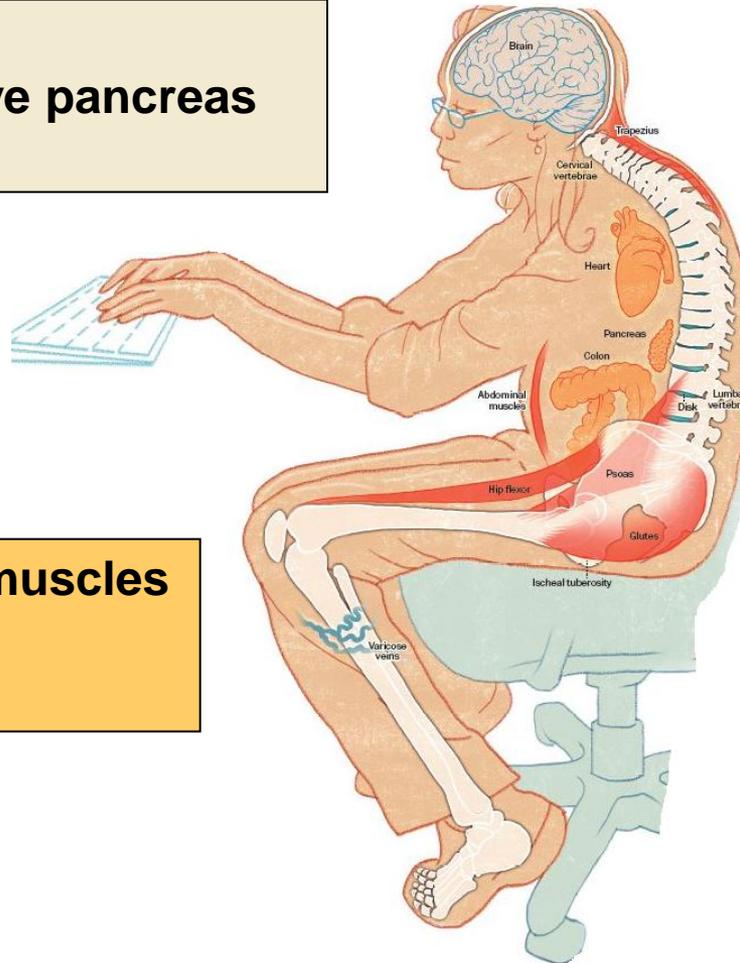


## Kimbrough Ambulatory Care Center

### Hazards of Sitting

- Heart disease
- Over-productive pancreas
- Colon cancer

- Foggy brain
- Strained neck
- Sore shoulders/back
- Inflexible spine
- Disk damage



- Weak gluteus muscles
- Tight hips
- Soft abs

- Poor circulation
- Soft bones

# Community Council – March 17, 2015



## Kimbrough Ambulatory Care Center

FOR PEAK PERFORMANCE, REACH ALL TARGETS AND + GOALS





## Army Wellness Center

- New Army Wellness Center Director:
  - Ms. Allison Smith, 301.677.2089
- AWC is mobile! Contact us to arrange a unit assessment, lunch and learn, or wellness workshop for your workplace or event.
- AWC programs available to all services, retirees, family members, and civilians.





## Installation Safety Office (ISO)

- Spring Safety,
- Hazard Reporting  
(301 677 2396) or visit our web site

<http://www.ftmeade.army.mil/staff/iso/safety.html>



## The Exchange

- Main Store
  - New Store Manager: Alexander Mamaril
  - Parking lot: first half complete end of April, total completion is June
  - 5 more handicap spaces added by MCSS entrance
  - Grand opening festivities late summer
  - New: Bobbi Brown Cosmetics
  - Outdoor Living: April 23
- Firestone
  - Now open for all your auto service needs
  - Shuttle service provided for Ft Meade, call ahead



## FORT MEADE COMMISSARY

- “World Wide Case Lot Sale” - April 30 through May 3, 2015.  
9 a.m. - 7p.m.
  - Also a “Farmers Market”
  - Take advantage of the great savings
- March is “Frozen Food Month”
  - Stop by your commissary and save
- Colgate Van - April 15, 2015. 10 a.m. - 12 p.m.
  - Annual FREE dental screening
- HBI “Cooking Matters” at the store
  - Sign up for a FREE grocery tour on April 16, 10 a.m. - 2:30 p.m.
  - Schedule tours with Nissa Wilson at [nwilson@strength.org](mailto:nwilson@strength.org)
  - Learn to buy healthy groceries for your family



## Public Affairs

- **Community Listening Session**
  - March 23, 9 a.m., McGill Training Center
- **Follow Us on Social Media**
  - Twitter: [@FtMeadeMD](https://twitter.com/FtMeadeMD)
  - Instagram: [Instagram.com/FtMeadeMedia](https://www.instagram.com/FtMeadeMedia)
  - Text alerts: Text “[follow ftmeadealert](#)” to 40404
    - **Includes weather updates and operational status**
- **Team Meade/Corvias 2015 NCAA Challenge**
  - Seventh Year FGGM PAO is hosting NCAA “pick'em” contest
  - Entries due Thursday, March 26, 12 noon



## ***Have A Great Day!***

***Next Meeting :  
May 28, 2015***

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a safe and secure community, and a quality of life that enable  
Fort Meade to be the Center of Excellence  
in Information, Intelligence and Cyber Operations.***

***We are the Army's Home***